



## LPW School Sex and Relationships Policy March 2025

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### Contents

<b>LPW School Sex and Relationships Policy March 2025</b> .....	1
Introduction .....	2
Policy Development .....	2
Definition .....	2
Curriculum .....	2
Delivery of RSE.....	3
Roles and Responsibilities.....	3
Parents/carers' Right to Withdraw.....	4
Monitoring Arrangements .....	4



## Introduction

At LPW School, we aim for all our students to thrive both personally and academically. We believe RSE is crucial to the education we provide and an essential part of our curriculum, designed to develop the whole child. We seek to equip our young people with the knowledge and skills to make safe, healthy choices.

We understand the critical role relationships play in supporting mental health, academic success, and future achievement. Our focus is on developing attitudes, values, skills, self-esteem, and the ability to manage relationships, ensuring students are safe in all their interactions.

We aim to be role models to our young people through being emotionally available, reliable and supportive. We model this as well in our professional relationships with each other, demonstrating strong communication, respect and through enjoying each others company.

The objectives of RSE at LPW School include:

- Providing a framework for sensitive discussions
- Preparing pupils for puberty/sexual development, emphasising health and hygiene
- Creating self-respect, confidence, and empathy
- Creating a positive culture around relationships and sexuality
- Teaching students the correct vocabulary to describe themselves and their bodies

## Policy Development

This policy has been developed after reviewing existing policies and national guidelines. Parents and carers have opportunities to provide feedback, alongside input from staff and pupils.

## Definition

RSE at LPW covers emotional, social, and cultural development, addressing relationships, sexual health, sexuality, healthy lifestyles, diversity, and personal identity. It combines information-sharing with exploring issues and values, without promoting sexual activity.

## Curriculum

Our curriculum may adapt based on pupil needs. It has been created through consultations with parents, pupils, and staff, considering the age, needs, and feelings of students. Teachers will answer questions outside this policy's scope appropriately, ensuring pupils are well-informed.

Secondary sex education will include:

In Key Stage 4:

- Representation and body image
- Contraception
- Online personas
- Consent

- Pornography

## Delivery of RSE

RSE is part of the PSHE curriculum, with biological aspects integrated into science lessons. Stand-alone sex education sessions are delivered by trained health professionals.

Relationships Education includes:

- Families and those who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

RSE ensures students are informed about healthy, nurturing relationships across all areas, including families, respectful relationships, online interactions, and intimate relationships.

We are committed to providing a positive, inclusive environment that reflects the diverse structures of family life. Children are not stigmatised based on their home circumstances (single-parent, LGBT, adopted, foster, etc.), and support is tailored to individual needs, including those of looked-after children and young carers.

Learners whose first language is not English or those with learning difficulties or disabilities require tailored support to fully engage with Relationship and Sex Education (RSE). This may involve using simplified language, visual aids, and practical demonstrations to ensure the content is accessible and understandable. Teachers should offer additional time for processing information and create a supportive, inclusive environment where students feel comfortable asking questions. Personalisation of learning and the use of clear, culturally sensitive resources are essential to ensure all students can comprehend and participate in RSE effectively.

## Roles and Responsibilities

- **Board of Trustees** : Approves the RSE policy and holds the Head Teacher accountable for implementation.
- **Head Teacher**: Ensures consistent RSE delivery and manages withdrawal requests from non-statutory components.
- **Staff**: Deliver RSE sensitively, model positive attitudes, monitor progress, and respond to individual student needs.
- **Pupils**: Expected to engage respectfully in RSE discussions, treating others with sensitivity.

- **Secondary Pupils:** Parents can withdraw students from non-statutory sex education until three terms before they turn 16. Afterward, students can request to receive sex education.

### Monitoring Arrangements

RSE delivery is monitored by the PSHE Lead and SLT through staff and pupil feedback. Changes to the programme are informed by needs assessments. Teachers assess pupil progress as part of internal monitoring.